



Cultivating a curiosity for education

in a small school environment

## Pacific Academy Encinitas 6-8

### We're Small by Design

#### *Physical Education*

The PAE Middle School dynamic M-Th physical education program strives to develop students' personal fitness and skill-related abilities. The program reinforces students' understanding and application of fitness concepts and motor skills through a variety of movement forms. The program also aims to develop students' personal and social responsibility, self-management skills, and ability to make informed choices. The overall goal of this program is to enhance students' disposition toward leading a physically active lifestyle.

Current program offerings include:

Surf PE, Boxing, Yoga, Beach Workout, Karate, Beach Volleyball, lacrosse, Baseball, Basketball, Cross Country, Soccer, and Flag Football.

**Community. Collaboration. Happiness.**

[WWW.PACIFICACADEMYENCINITAS.COM](http://WWW.PACIFICACADEMYENCINITAS.COM)

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